

CASPERS
PIES & PASTRIES

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Product Description:	Q40MOG	g	Units
Quiche - Caramelised Onion & Mushroom	Cocktail	40	42

Ingredients:
Ingredients: Onion (17%), Mushroom (17%), Flour [**wheat** flour, vitamins (thiamine, folate)], Brown Sugar [cane sugar], Cheese [pasteurized **milk**, culture salt, calcium, chloride, rennet, anti caking agent 460] (3%), **Egg** [liquid whole egg], **Milk**, Shortening [vegetable fats and oils, emulsifiers (**soy** bean lecithin, 471), antioxidant (307b, from **soy** bean (200mg/kg)), and colour (160a)], **Cream** [pasteurised cream, halal gelatine, thickener (407a), emulsifier (471)], Margarine [vegetable oil, water, salt, emulsifiers (471, **soybean** lecithin), preservative (202), citric acid, vitamins (a, d), natural colour (carotene), natural flavour], Salt, Improver [**wheat** flour, raising agent (920)], Flavour [**wheaten** corn flour, salt, sugar, dextrose, spices, hydrolysed vegetable protein, herbs, rice bran oil], White Pepper, Nutmeg

CONTAINS: Eggs, Gluten, Milk, Soy

MAY CONTAIN: Eggs, Milk, Peanuts, Sesame, Soy, Sulphites, Tree Nuts

Country of Origin		
Made in Australia from	89	% Australian Ingredients
Bar Graph Percentage	80	

NUTRITIONAL INFORMATION			
	Servings		
	Per Package	1	units
	Serving Size	40	g
	Average Quantity per Serving		Average Quantity per
	40 g		100 g
Energy	351.3 kj	84.0 Cal	878.3 kj 209.9 Cal
Protein	2.6 g		6.5 g
Fat - Total	4.0 g		10.0 g
- Saturated	2.3 g		5.8 g
Carbohydrate	9.3 g		23.3 g
- Sugar	4.4 g		10.9 g
Sodium	79.5 mg		198.7 mg

