

# CASPERS

## PIES & PASTRIES

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Product Description:	Q210SFT	g	Units
Quiche - Spinach, Feta & Sundried Tomato	Individual	210	12

**Ingredients:**

Ingredients: Flour [**wheat** flour, vitamins (thiamine, folate)], **Egg** [liquid whole egg], **Milk**, Spinach (7%), **Cream** [pasteurised cream, halal gelatine, thickener (407a), emulsifier (471)], Feta [pasteurized skimmed cow's **milk**, palm oil, salt, bacterial culture, microbia rennet] (4%), Shortening [vegetable fats and oils, emulsifiers (**soy** bean lecithin, 471), antioxidant (307b, from **soy** bean (200mg/kg)), and colour (160a)], Cheese [pasteurized **milk**, culture salt, calcium, chloride, rennet, anti caking agent 460], Sundried Tomato [sundried tomatoes (99.7%), preservative (E220), glucose, salt], Salt, Flavour [**wheaten** corn flour, salt, sugar, dextrose, spices, hydrolysed vegetable protein, herbs, rice bran oil], White Pepper, Nutmeg, Improver [**wheat** flour, raising agent (920)]

**CONTAINS:** Eggs, Gluten, Milk, Soy

**MAY CONTAIN:** Eggs, Milk, Peanuts, Sesame, Soy, Sulphites, Tree Nuts

Country of Origin		
Made in Australia from	81	% Australian Ingredients
Bar Graph Percentage	80	

NUTRITIONAL INFORMATION			
	Servings		
	Per Package	1	units
	Serving Size	210	g
	Average Quantity per Serving		Average Quantity per
	210 g		100 g
Energy	1940.4 kj	463.8 Cal	924.0 kj 220.8 Cal
Protein	18.6 g		8.9 g
Fat - Total	27.9 g		13.3 g
- Saturated	16.1 g		7.7 g
Carbohydrate	35.9 g		17.1 g
- Sugar	11.3 g		5.4 g
Sodium	737.4 mg		351.1 mg

