

# CASPERS

## PIES & PASTRIES

Caspers Pies & Pastries  
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Product Description:	<b>Q1200SFT</b>	g	Units
<b>Quiche - Spinach, Feta &amp; Sundried Tomato</b>	<b>L Family</b>	<b>1200</b>	<b>1</b>

### Ingredients:

Ingredients: Spinach (23%), Flour [**wheat** flour, vitamins (thiamine, folate)], Feta [pasteurized skimmed cow's **milk**, palm oil, salt, bacterial culture, microbia rennet] (8%), **Egg** [liquid whole egg], **Milk**, Cheese [pasteurized **milk**, culture salt, calcium, chloride, rennet, anti caking agent 460], **Cream** [pasteurised cream, halal gelatine, thickener (407a), emulsifier (471)], Shortening [vegetable fats and oils, emulsifiers (**soy** bean lecithin, 471), antioxidant (307b, from **soy** bean (200mg/kg)), and colour (160a)], Sundried Tomato [sundried tomatoes (99.7%), preservative (E220), glucose, salt] (2%), Salt, Flavour [**wheaten** corn flour, salt, sugar, dextrose, spices, hydrolysed vegetable protein, herbs, rice bran oil], Improver [**wheat** flour, raising agent (920)], White Pepper, Nutmeg

**CONTAINS: Eggs, Gluten, Milk, Soy**

**MAY CONTAIN: Eggs, Milk, Peanuts, Sesame, Soy, Sulphites, Tree Nuts**

### Country of Origin

Made in Australia from 80 % Australian Ingredients  
 Bar Graph Percentage 80

### NUTRITIONAL INFORMATION

	Servings		Average Quantity per Serving		Average Quantity per	
	Per Package	8 units	150 g		100 g	
<b>Energy</b>	1329.5 kj	317.8 Cal			886.4 kj	211.8 Cal
<b>Protein</b>	13.1 g				8.8 g	
<b>Fat - Total</b>	19.2 g				12.8 g	
<b>- Saturated</b>	11.3 g				7.5 g	
<b>Carbohydrate</b>	23.4 g				15.6 g	
<b>- Sugar</b>	8.4 g				5.6 g	
<b>Sodium</b>	489.3 mg				326.2 mg	

